

## Hospitalization is not justified!!

By Dr Satish Kanojia

VP Clinical Services, INCHES Healthcare Pvt Ltd.

28 years, old male was admitted in a hospital in Mumbai from 17/12/22 to 18/12/22 with c/o Fever; backache, heaviness in bilateral lower limb, difficulty in walking for 1 month Right lower limb power 2+ and was diagnosed D3 Tb Spine with Epidural abscess with paraplegia.

MRI Cervicodorsal spine (plain and contrast) with screening of whole spine done on 15/12/22 revealed erosive changes with altered marrow signal and wedge collapse involving the D3 vertebra with associated pre-paravertebral and epidural abscess with cord compression and oedema, suggestive of infective aetiology - Koch's and Multiple bilateral cervical, right supraclavicular, and mediastinal lymph nodes.

The only lab tests done during the stay were RAT, HIV, HBsAg and RBS. Even the common lab investigation like CBC test was not done either on admission or during the stay. CBC and Serum Creatinine tests done 2 days prior to the hospitalization were within normal limits.

Patient was transferred to another hospital next day.

Admission is not justified because:

- MRI report was available at admission hence transfer decision could have been taken the same day.
- One of the presenting complaints was fever but on admission patient was afebrile, BP was 130/90mm Hg, but patient was a k/c/o Hypertension for 1 month and pulse was 102/min but this did not require hospitalization and could have been managed on OPD basis. TPR/BP charting does not mention the temperature findings which negates the reason for admission.
- The other complaints were for 1 month and thus were not acute in nature and hence did not require hospitalization.
- Appears that the patient was admitted for consultation purpose, for which hospitalization was not required and could have been done on OPD basis, and on the day of hospitalization, the patient was advised for surgery, but he was transferred to another hospital next day at 9.30pm. He was kept in the hospital for more than 24 hours, the period required to claim health insurance claim benefit.

For details, drop in a mail to info@inchesgroup.com